

Planning District One Behavioral Health Services
Board Meeting – August 26, 2026
Community Connections

Board members present: Robert Ledford, Joey Carico, Margaret Gibson, Robert Fultz, Jr., and Bobby Cassell

Board members absent: JoAnna Edds, Lana Mullins and Susan Widener

Staff members present: Sandy O'Dell, Kim Howell, Lisa Kilgore, Megan Herron, Kristie Hammonds, Kim Trantham, Heather Crouse, Kim Begley and Catey Lawson

Others present: None

A quorum was present.

I. Call to order

The meeting was called to order by the Chair, Robert Ledford.

II. Invocation

The Invocation was led by Robert Fultz, Jr

III. Additions or changes to the agenda

There were no additions or changes to the agenda.

IV. Public Comment

There was no public comment.

V. Secretary's Report

Joey Carico made a motion to approve the June 24, 2026 minutes as presented, Margaret Gibson seconded the motion. Robert Fultz, Jr. abstained. The motion passed unanimously.

VI. Financial Report

Kristie Hammonds presented the Frontier Health June 2026 financial report

- For June FY26 Virginia services had a margin of \$1,195 and fiscal YTD margin of \$108,588

Kim Howell presented the June 2026 PD1 financial report to the board members.

- The PD1BHS Administrative office had a margin of \$13,859.82 and a fiscal YTD margin of \$121,501.67

Joey Carico made a motion to file the June 2026 financial report as presented, Robert Fultz, Jr seconded the motion and it passed unanimously.

Kristie Hammonds presented the Frontier Health July 2026 financial report

- For July FY27 Virginia services had a margin of \$316 for the month and fiscal year

Kim Howell presented the July 2026 PD1 Financial report to the board members.

- The PD1BHS Administrative office had a margin of \$20,713.95 for the month and fiscal year

Joey Carico made a motion to file the July 2026 financial report as presented, Bobby Cassell seconded the motion and it passed unanimously.

VII. Chair Report

- Save the date – There will be a PD1 board meeting on Wednesday, November 18, 2026 at 5 pm at Lonesome Pine Country Club in Big Stone Gap.
- The Finance Committee – JoAnna Edds (chair), Robert Fultz Jr, Bobby Cassell and Lana Mullins and the Executive Committee – Robert Ledford (chair), Joey Carico, JoAnna Edds and Susan Widener will meet at 4 pm on November 18th for the PD1 audit review.

VIII. Prevention Services

Catey Lawson, Senior Director of Prevention Services at Frontier Health, discussed Prevention Services. Prevention Services work to provide the community with basic prevention strategies and resources to help promote positive mental and emotional well-being and decreasing known risk factors such as peer pressure and availability to drugs. Services provide information on substance misuse, mental health, suicide, gaming and gambling and other community issues by being in the school systems and participating in community functions. They also work with local organizations, vendors, police, colleges and schools to help prevent underage access to alcohol and tobacco.

IX. Executive Committee

Robert Ledford stated the Executive Committee met on June 24, 2026, to discuss the contract extension for Executive Director Sandy O'Dell. The Executive Committee made a motion to accept the contract extension as presented. The Executive committee recommendation serves as a motion and a second. The motion passed unanimously.

X. Performance Contract Approval

Sandy O'Dell reviewed the Performance contract for FY27 and discussed changes with board members. Lee, Wise and Scott counties and the City of Norton have reviewed and approved the contract. Margaret Gibson made a motion to approve the contract as presented, Joey Carico seconded the motion and it passed unanimously.

XI. Executive Director Report

- Heather Crouse will begin working at the PD1 office as the Deputy Director on September 1, 2026, and will transition to Executive Director on February 1, 2027.

- Ms. O'Dell shared a newspaper article discussing pending changes to Medicaid mobile crisis and crisis stabilization services. The article also addressed fraudulent billing by some private providers.
- Discussed bonus and pay raises for employees paid with state general funds.
- Frontier Health will be mailing invitations to the December board meeting, please rsvp to the number listed on the invitation.
- Heather Crouse reported the Recovery Residence Board of Directors will be updating their policy to accept individuals who are receiving Medication Assisted Treatment (MAT) services. Frontier Health has applied with the Board of Pharmacy to receive and administer medications for any resident receiving MAT services.

XII. Service Reports

- Kim Trantham reported that Mental Health Case Management services numbers have remained steady, there has been a slight increase in crisis receiving center numbers.
- Permanent Supported housing staff are working on referrals and have placed two individuals in housing.
- VALUES TFC is currently serving 15 children. Two staff members have been hired.

XIII. Service Outcomes

- Megan Herron reviewed the service outcomes data report. There were 2 adult state hospital admissions for July 2026 and one additional admission for court ordered competency restoration.
- Discussed the FY26 hospital bed utilization report. PD1 shows lower numbers as compared to other CSB's in Region 3.

XIV. Fee Schedule

Joey Carico made a motion to approve the fee schedule as presented by Kristie Hammonds effective July 1, 2026, Margaret Gibson seconded the motion and it passed unanimously.

XV. Frontier Health Report

- Kristie Hammonds discussed leadership changes for Virginia services and announced that Kim Begley has been named Senior VP of Virginia Outpatient and Children's Specialty Services.
- Virginia services had a 19.2% fiscal year turnover rate. There are 27 vacancies with 9 of those being new positions.
- Ms. Hammonds handed out spirit month gifts to board members and staff and thanked the Frontier Health Foundation Board for help in purchasing the gifts.
- Discussed money that will help fund raises that were awarded in March.

XVI. Board Member's Comments

There were no additional comments.

XVII. Date and location of next meeting

The next meeting will be held on Wednesday, September 23, 2026 at 5 pm at Community Connections.

XVIII. There being no other business, Joey Carico made a motion to adjourn, Robert Fultz, Jr. seconded the motion and it passed unanimously.

Respectfully Submitted,

A handwritten signature in cursive script, reading "Susan Widener", written in black ink.

Susan Widener, Secretary