

Planning District One Behavioral Health Services
Board Meeting – February 25, 2026
Community Connections

Board members present: Robert Ledford, Susan Widener, Joey Carico, JoAnna Edds, Lana Mullins, Robert Fultz Jr., Bobby Cassell and Margaret Gibson

Board members absent: none

Staff members present: Sandy O'Dell, Kim Howell, Lisa Kilgore, Megan Herron, Kim Trantham, Heather Crouse and Wendy Burgin

Others present: None

A quorum was present.

I. Call to order

The meeting was called to order by the Chair, Robert Ledford.

II. Additions or changes to the agenda

There were no additions or changes to the agenda.

III. Public Comment

There was no public comment.

IV. Secretary's Report

Robert Fultz, Jr made a motion to approve the November 19, 2025 minutes as presented, Margaret Gibson seconded the motion. The motion passed unanimously.

V. Financial Report

Heather Crouse presented the Frontier Health January 2026 financial report

- For January FY26 Virginia services had a margin \$12,700 and fiscal YTD margin of \$97,694.

JoAnna Edds reviewed the January 2026 PD1 financial report and Kim Howell presented it to the board members.

- The PD1BHS Administrative office had a margin of \$13,622.98 and a fiscal YTD margin of \$64,239.34

Bobby Cassell made a motion to file the financial report as presented, Joey Carico seconded the motion and it passed unanimously.

VI. Chair Report

The following board members have been appointed to serve on committees for 2026:

Executive and Personnel Committee

Robert Ledford-chair

Joey Carico

JoAnna Edds

Susan Widener

Finance Committee

JoAnna Edds - chair

Robert Fultz, Jr

Bobby Cassell

Lana Mullins

Nominating Committee

Bobby Cassell - chair

Robert Ledford

Susan Widener

Lana Mullins

Search Committee

Robert Ledford, Chair

Joey Carico

JoAnna Edds

Margaret Gibson

Robert Fultz, Jr

VII. Executive Committee

- Robert Ledford stated the Executive Committee met on January 28, 2026, to discuss PD1 policy HR 102-A Conflict of Interest. The Executive Committee recommends the policy be updated as presented. This recommendation serves as a motion and a second. The motion passed unanimously.
- Robert Ledford stated the Executive Committee met on January 28, 2026, to discuss the timeline for hiring a new Executive Director. The Executive Committee recommends the timeline be approved as presented. This recommendation serves as a motion and a second. The motion passed unanimously.

VIII. Adult Case Management Services

Wendy Burgin, Senior Director discussed Adult Case Management services. Services are provided to assist adults and families in accessing medical, psychiatric, social, educational and vocational support. Services are based on diagnosis, level of disability and duration of illness and are provided in several settings including in the office, at home, and in a community setting. Referrals are accepted from all sources, including self-referrals. The program is fully staffed with each case manager serving 45 individuals. Ms. Burgin also shared a success story.

IX. Executive Director Report

- Sandy O'Dell discussed the two-year review of the PD1 Bylaws. Current Bylaws were handed out with proposed changes. The changes will be discussed at the next board meeting and voted on.
- Recovery Resources has opened at the Addington Hall location. There are currently four residents, a total of 15 can be served. An open house has not been scheduled, but Ms. O'Dell will follow up with any changes. Ms. O'Dell discussed several recovery residences that will be opening in our region in the future.
- Discussed VA General Assembly funding bills.

X. Service Report

- Kim Trantham reported that Mental Health Case Management services have seen an increase in numbers largely due to a new intake process.
- The Crisis Receiving Center (CRC) is almost fully staffed.
- Discussed the Quality and Compliance Report. This will be presented to the board on a quarterly basis.

Permanent Supported Housing is ready to accept referrals. The program can start with 15 individuals.

VALUES TFC is serving 20 children in 13 homes.

XI. Service Outcomes

- Megan Herron reviewed the service outcomes data report. There were 4 adult state hospital admissions for January 2026 and an additional 3 for court ordered competency restoration admissions.

XII. Frontier Health Report

- Heather Crouse reported for January 2026 Virginia services had a 15% turnover rate and Frontier Health had a 16.8% turnover rate overall.
- Discussed workforce development. Several clinical positions have been filled since January. Discussed scholarships and internships that are now available to staff.
- Frontier Health staff will receive a 2% pay increase in March.
- Federal probation services will begin in March.
- Beginning in July, FH will be partnering with the ETSU psychology graduate program with students working on externships at the Scott County location.
- Reported that Peer services can now be billed and plans are being made to open a Peer Recovery Center in the future.

XIII. Board Member's Comments

There were no additional comments.

XIV. Date and location of next meeting

The next meeting will be held on Wednesday, March 25, 2026 at 5 pm at Community Connections.

XV. There being no other business, Joey Carico made a motion to adjourn, Robert Fultz Jr seconded the motion and it passed unanimously.

Respectfully Submitted,

A handwritten signature in cursive script, appearing to read "Susan B. Widener".

Susan Widener, Secretary