

Planning District One Behavioral Health Services  
Board Meeting – September 24, 2025  
Community Connections

Board members present: Robert Ledford, Susan Widener, Joey Carico, JoAnna Edds, Lana Mullins, Robert Fultz Jr. and Bobby Cassell

Board members absent: Margaret Gibson

Staff members present: Sandy O'Dell, Kim Howell, Lisa Kilgore, Megan Herron, Kristie Hammonds, Kim Trantham, Heather Crouse and Kim Begley

Others present: None

A quorum was present.

I. Call to order

The meeting was called to order by the Vice Chair, Robert Ledford.

II. Additions or changes to the agenda

There were no additions or changes to the agenda.

III. Public Comment

There was no public comment.

IV. Secretary's Report

Joey Carico made a motion to approve the August 27, 2025 minutes as presented, Lana Mullins seconded the motion. The motion passed unanimously.

V. Financial Report

Kristie Hammonds presented the Frontier Health August 2025 financial report

- For August FY26 Virginia services had a margin of \$4,774 and fiscal YTD margin of \$5,070

Joey Carico reviewed the August 2025 PD1 financial report and Kim Howell presented it to the board members.

- The PD1BHS Administrative office had a margin of \$2,335.02 and a fiscal YTD loss of \$6,692.60

Robert Fultz Jr. made a motion to file the financial report as presented, JoAnna Edds seconded the motion and it passed unanimously.

VI. Chair Report

- Please allow extra time for the October board meeting. The HUD project meetings will follow the regular board meeting.
- The PD1 Board meeting will be held on Wednesday, November 19<sup>th</sup> at 5:00 pm at the Country Club 2706 Country Club Rd in Big Stone Gap. The Finance Committee (Joey Carico – Chair, Susan Widener, Bobby Cassell and Lana Mullins) will meet at 4:15 pm. All board members are welcome to attend.
- The Nominating Committee (Bobby Cassell – Chair, Robert Ledford, Susan Widener and Lana Mullins) will meet via phone call before the November meeting. A date will be announced later.
- The Frontier Health board meeting will be held at the Martha Washington Inn on Saturday, December 6<sup>th</sup> at 5:30 pm. All PD1 Board members and staff are invited to attend.

VII. School Based Services

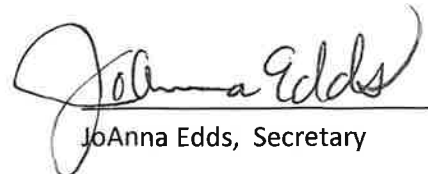
Kim Begley, Senior Director of Children's Specialty Services discussed school-based services. The services are funded through a grant from DBHDS and the American Rescue Plan Act (ARPA) to increase access to mental health services. Services began in 2020 in Lee County schools. In 2023 services started in Wise County schools. Staff are working on developing a plan for coverage for City of Norton schools. Students can receive case management, group and individual therapy services.

VIII. Executive Director Report

- Sandy O'Dell reported that all four localities have approved the FY26-27 Performance Contract. We are waiting on final signatures from the Department.
- Discussed the Certified Behavioral Health Centers (CCBHC). Since the discussion at the September meeting, Mt. Rogers and New River Valley CSB's have both applied to be the first in the state to become CCBHC's if the state moves to make that application. PD1 has withdrew from the first round and will go into the second round.
- There will not be a service report today. The Departments electronic health exchange has created some changes that need to be made to the collection of the data and changes in performance measure data will need to be incorporated into the electronic health record.
- The PD1 office has received a preliminary report from the DBHDS federal funding/services review and are clarifying some of the findings. Most of the recommendations center around federal funding and ensuring that there is a tracking system on file with the PD1 office.
- Discussed changes to the Federal funding for the Call Center. Until recently SAMSHA funded almost 50% of the cost. DBHDS has requested that New River Valley CSB use retained earnings from regional projects to cover the cost of lost SAMSHA funding. The Department has indicated that there will be a new request to the General Assembly to backfill that funding.

- IX. Service Report  
No report was given.
- X. Service Outcomes
- Megan Herron reviewed the service outcomes data report. There were 4 adult state hospital admissions for August 2025.
- XI. Fee Approval for new services  
Bobby Cassell made a motion to approve the fee for new Community Stabilization Services as presented by Kristie Hammonds, Joey Carico seconded the motion and it passed unanimously.
- XII. Frontier Health Report
- Kristie Hammonds discussed Suicide Prevention Awareness month.
  - The renovations for the Recovery Residence in Scott County should be completed in 4-6 weeks.
  - Virginia services have a 13.9% turnover rate and Frontier Health have a 15.7% turnover rate overall. There are 40 vacancies in Virginia with 12 of those being new positions and 28 are replacement positions.
  - The Regional Call center has an 88% answer rate and has recently received an ICH (International Council for Helplines) 3-year accreditation.
- XIII. Board Member's Comments  
There were no additional comments.
- XIV. Date and location of next meeting  
The next meeting will be held on Wednesday, October 22, 2025 at 5 pm at Community Connections.
- XV. There being no other business, Joey Carico made a motion to adjourn, Lana Mullins seconded the motion and it passed unanimously.

Respectfully Submitted,



JoAnna Edds, Secretary