

Planning District One Behavioral Health Services  
Board Meeting – February 26, 2025  
Community Connections

Board members present: Robert Ledford, Susan Widener, Joey Carico, Bobby Cassell, Margaret Gibson, JoAnna Edds, Lana Mullins and Robert Fultz Jr.

Board members absent: None

Staff members present: Sandy O’Dell, Kim Howell, Lisa Kilgore, Megan Herron, Kim Trantham, Heather Crouse and Wendy Wampler

Others present: None

A quorum was present.

I. Call to order

The meeting was called to order by the Chair, Margaret Gibson.

II. Additions or changes to the agenda

There were no additions or changes to the agenda.

III. Public Comment

There was no public comment.

IV. Introduction of new board member

- Margaret Gibson introduced new board member, Robert Fultz Jr. Mr. Fultz has been appointed to represent the City of Norton.
- There will be a PD1 Board orientation on Monday, March 3, 2025 at 3:30 pm at the PD1 office in Norton. Ms. Gibson invited Board members and staff to attend.

V. Secretary’s Report

Joey Carico made a motion to approve the December 7, 2024 minutes as presented, Bobby Cassell seconded the motion. Robert Fultz Jr. abstained. The motion passed unanimously.

VI. Financial Report

Heather Crouse presented the Frontier Health January 2025 financial report

- Virginia services had a margin of \$4,237 and a fiscal YTD margin of \$234,341. There was a reduction in revenue in the self-insured plan. This resulted from older items in Tier being written off and sent to collections.

Joey Carico reviewed the January 2025 PD1 financial report and Kim Howell presented it to the board members.

- The PD1BHS Administrative office had a loss of \$590.35 due to a staff PTO payout and a fiscal YTD margin of \$58,293.22
- Ms. Howell announced the federal mileage reimbursement rate increased to .70¢ effective January 1, 2025

Robert Ledford made a motion to file the financial report as presented, JoAnna Edds seconded the motion and it passed unanimously.

VII. Chair Report

- The following board members have been appointed to serve on committees for 2025:

Executive and Personnel Committee

Margaret Gibson -chair

Robert Ledford

Joey Carico

JoAnna Edds

Finance Committee

Joey Carico - chair

Susan Widener

Bobby Cassell

Lana Mullins

Nominating Committee

Bobby Cassell - chair

Robert Ledford

Susan Widener

Lana Mullins

VIII. Employment Services

Wendy Wampler, Senior Director of Developmental Services at Frontier Health discussed Employment Services. IPS (Individual Placement and Support) Employment Services helps people in mental health and addiction services gain and maintain community employment. Since 2023, Frontier Health’s Virginia IPS program has served 22 people. Funding is provided through DARS (Department of Aging and Rehabilitative Services) and state general funds. Ms. Wampler also shared a success story.

IX. Executive Director Report

- Sandy O’Dell handed out the VACSB annual report.
- The Scott County location for Recovery Residence is zoned commercial and will need to meet assisted living facility requirements. The sprinkler system will need to be updated along with some general building renovations. The OAA (opioid abatement authority) will allow adjustments to the budget to cover the cost of renovations and state money will be used to help cover the cost of the sprinkler

system update. The renovations should be completed by June and will serve up to 15 people.

- Discussed the 988-call center.
- The CITAC center now has 4 full-time officers and is staffed 24/7. Ms. O'Dell thanked Sheriff Kilgore for his support.
- Bed days over the past eighteen months in the PD1 region have decreased, providing high intensive services has helped decrease the numbers.
- The annual Frontier Health board meeting is scheduled for Saturday, December 6, 2025 at the Martha Washington Inn in Abingdon, VA.

#### X. Service Reports

Kim Trantham reviewed the January 2025 Mental Health, Substance Abuse, and Intellectual Disabilities Statistical unit report. Service numbers were down for the month due to weather-related events and closures.

Heather Crouse reported that the VALUES therapeutic foster care program is serving 12 children in 10 homes.

#### XI. Service Outcomes

Megan Herron reviewed the service outcomes data. There were 6 adult state hospital admissions for January 2025. The state hospital bed utilization report for quarters one and two show admissions are trending down in PD1 area. The dashboard data report for FY25 shows PD1 met or exceeded the state average on all measures, except for the DLA 20 assessment, staff are working with the IT department to make sure services are pulling correctly in the system.

#### XII. Frontier Health Report

- Heather Crouse reported that Virginia services had a 13.8% turnover rate and Frontier Health had a 14.8% turnover rate overall. There are 30 vacancies in Virginia with 8 of those being new positions and 22 are replacement positions.
- Discussed pay increases.
- Several program annual audits are being conducted.
- Discussed the Permanent Supported Housing program that will assist individuals to find housing. There will be 2 employee positions, and the program will serve 15 individuals.
- Building renovations have been completed for the Adolescent IOP program at the Community Connections site. An open house will be held from 4 – 6 pm on Tuesday, March 18<sup>th</sup>. An invitation will be sent to board members.

#### XIII. Board Member's Comments

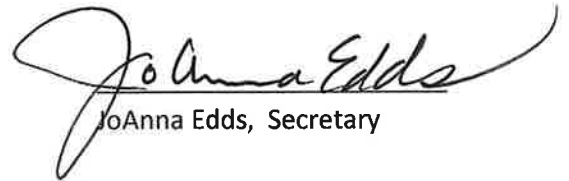
There were no additional comments.

XIV. Date and location of next meeting

The next meeting will be held on Wednesday, March 26, 2025 at 5 pm at Community Connections.

XV. There being no other business, Joey Carico made a motion to adjourn, Bobby Cassell seconded the motion and it passed unanimously.

Respectfully Submitted,

A handwritten signature in black ink that reads "JoAnna Edds". The signature is fluid and cursive, with a large initial "J" and a long, sweeping underline that extends to the right.

JoAnna Edds, Secretary